



Youth exchange

Info pack



Project " Antiquity and the Middle Ages Games"



LOCATION: Łódź i Kwiatkówek, Poland

Dates: 31.08.2015 - 08.09.2015

Participants: 5 participants from each country (4 participants under 30 years old and 1 leader - no age limit). Totally 25 people from Poland, Ukraine, Romania, Italy, Wales.

About project:

The main objective of the project is to share the tools and methods for active and creative ways of showing the history by the use of games and activities from antiquity and the Middle Ages as a tool for non-formal education.

The additional objectives are:

- Meeting other fans of medieval history and learning about their activities in their country
- Learning what historical festivals in their countries look like and what elements they consist
- Learning what are traditional games from this period in particular country
- How they promote their events in the local community
- Explore the similarities and differences in how we approach those aspects

- The exchange of experience and the joint effort in creating the event which would summarize our exchange, "a festival of games" for the local community here in Poland.

Participant profile:

We expect participants who love history. Motivated to learn methodologies used by the living history groups. People who have same experience in historical reenactment and have they own historical costumes. Participants should like to play in different outdoor games and share a knowledge about history and traditions.

During the exchange we are going to share our experience from events in each of the participants countries, together we will create the concept of the Festival for the local community, we will present games to partner groups, take some time to learn how to play them, and finally we will organize a promotional campaign of the Festival as a final product of the exchange.

Place:

Kwiatkówek, Tum, Łęczyca: The town was probably named after a Slavic tribe called Leczanie, which inhabited central Poland in the early Middle Ages. In the early 12th century, town was placing among other main towns of the Kingdom of Poland, such as Krakow, Sieradz, Gniezno, and Wroclaw. Now it is a small town full of history, we can find there a museums, castle, churches form 12th century, open air museum and hill fort from 10th century.

Łódź, the city: Łódź, situated in the middle of Poland, is the third city of the country. Known by its industrial past and artistic present, the city is adapting the old factories and becoming a hot spot in alternative art. Prove of that are the murals that decorate the big walls, the well-known cinema school and the variety of art festivals that are organized all year long. Also counts with one of the longest commercial streets in Europe: Piotrkowska Street, with .9km!

Technical Information:

Time Zone:

Poland is located in the UTCGMT 2 hours during standard time.

Currency.

The currency of Poland is zloty (PLN). There are ATMs and currency exchange spots available all over the city, although some concrete conversions may not be accepted in some of them. There should be no

problem with paying by card in most shops excepting such payments.

Phone:

It is important that you change the protocols of your mobile telephones for their correct functioning during your stay in Poland. The international phone code for Poland is 48

Weather conditions:

The month of September can be quite chilly and it might **rain**. Nights might be cold but during day temperatures can reach around 25C.

Travel Agreements;

As a European Union member, a visa is not required for entering Poland.

For Ukraine participant we can cover the visa costs (175 Euro) and we can send you "invitation" so maybe you can get visa free of charge.

Participants are expected to arrive on 31 of August. The pick-up arrangements will be established once the tickets for the flight, bus, etc. are bought, it is for this reason that would be appreciated if each group of participants from every country could come together. Departure is on 8 of September.



Financial conditions reimbursement

Travel costs limits (100%):

Wales:	170E per person	Ukraine	170E per person
Italy:	170E per person	Romania	170E per person

Note: Before buying your tickets, please remember your cost limits. Also please before booking the flight make travel arrangement confirmation with us!

Participation Fee: There is no participation fee

Reimbursement

The reimbursement will be made by bank transfer after the youth exchange. Please keep all (ORIGINAL:

- Confirmation of reservation
- Tickets
- Bills, invoices, receipts
- boarding cards If you are travelling by plane we will need all those documents! Missing documents

won't be reimbursed. Any travel cost cannot be reimbursed if it's made before 6th of May 2015. You should have tickets for day 31st (to come) and 8th (to leave) - if you have to buy for one day earlier (30th or 9th) - we need to know it as soon as possible to inform National Agency. Accommodation and lodging covered by 100% by the Youth in Action programme. This expenses will be covered only from the date of arrival (31th of August) till the departure date (8th of September).

Health & Travel Insurance:

There will be insurance provided by the organizers.

Also, it is very important that you notify us of any health risk or possibly necessary medicines, special food arrangements (as vegetarians, intolerances...) and so on.

Travel Agreement Łódź its the third biggest Polish City and its Situated in the Center of Poland. To get here you can consider the next airports:

- 1. Łódź -Lublinek
- 2. Warsaw (Modlin or Chopin)

There are several cheap buses connecting Łódź with other Polish and European cities.

Further details and support information about the travel to and inside Poland will be provided when the ticket buying procedure will begin.

Organizers' contacts:

- Liliana Misiak liliana.ferso@gmail.com +48793903066
- Lena Kurpeta slowianska.inspiracja@gmail.com +48606937006